

IMPACT REPORT



MAKING A BIG IMPACT



WELCOME:

“The Royal Marines are currently deployed around the world 24 hours a day, 365 days a year.”

GENERAL SIR GORDON MESSENGER KCB DSO* OBE
PATRON



WELCOME

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KCB DSO* OBE
PATRON

The UK is a maritime nation through necessity, through the simple fact of our being an island. This makes our dependence on the oceans staggering – 95% of all our imports come by sea. So our country relies on free movement through the seas for our prosperity, but also to guarantee our liberty, and therefore we need a strong Navy.

The Royal Marines have been the Royal Navy's own soldiers since 1664, and since they were assigned responsibility for the Commando role following the Second World War have been the UK's elite amphibious forces, putting into practice the Commando Spirit and Mindset which sees their ethos of courage, determination, unselfishness and cheerfulness in the face of adversity borne out as they strive to be first to understand, first to adapt and respond, and first to overcome.

The Royal Marines are currently deployed around the world 24 hours a day, 365 days a year, going beyond the call of duty and finding themselves facing dangerous and traumatic scenarios. In recent years this has led to the Corps suffering a disproportionate number of casualties and fatalities. Even today, following the cessation of large scale campaigning in Iraq and Afghanistan, they are still regularly exposed to situations where physical and mental injury is a very real threat.

These current operations coupled with the large number of Marines injured physically or mentally in more distant campaigns who continue to fight loss and injury on a daily basis with their families, leave us as a nation with a duty to help wherever the Government is unable, alongside those veterans who have left the service, and also the serving Corps and their families who carry the daily burden of constant operations and disruption.

I am proud that RMA – The Royal Marines Charity is there to provide the safety net, a clear demonstration that we are committed to supporting our own at their time of need, reaching every facet of the Corps and directly underpinning the Military Covenant between our nation and its Armed Forces.



MR DANNY COX
CHAIRMAN

My fellow Trustees and all of the dedicated staff who contribute to the Charity's and Association's operations are determined that the life changing service offered to the whole Corps Family should continue to become even more effective in its delivery in the future.

A major step towards this goal has been achieved this year through the merger of the Royal Marines Association with The Royal Marines Charity, creating a one stop shop for support through life.

Post-merger we are currently reviewing our support strategies to ensure even better services to support the Corps Family. One example of this has been the appointment of an Alcohol Education Adviser, a Mental Health Nurse who works to equip the chain of command with the necessary information to ensure their Marines drink responsibly and wisely, but also to support individuals whose challenges are complicated by alcohol misuse.

The merger ensures that funds raised are channelled into support for those in need rather than operating costs, and that combined services ensure maximum impact for the benefit of our Corps. Together we can accomplish even more. With your help, the Royal Marines Family can and will win their battles.

“On behalf of the whole Corps, thank you for your continued help.”

MAJOR GENERAL MATT HOLMES DSO CBE
COMMANDANT GENERAL ROYAL MARINES
PRESIDENT

The Royal Marines pride themselves on being one all-encompassing Corps Family – Full-timers, Reservists, Veterans, Families and Cadets. Sometimes, despite drawing on great mental and physical courage to battle their challenges, there are serving and retired Royal Marines and families who are facing daily challenges they cannot overcome on their own – that's where the Corps Family comes in.

RMA – The Royal Marines Charity is uniquely placed to understand and respond to these challenges and to provide the Corps Family support required. Whether it is dealing with life changing injury, tackling a life limiting or debilitating illness, assisting with the transition to civilian life, or responding to domestic crises, the Charity is able to assist Royal Marines and their dependants to overcome many of their challenges. There is particular focus on how we best support the mental well being of serving and retired Royal Marines and their families, looking out for those who have become vulnerable through the stresses of service. Our network, working with external partners, can target support across every need to ensure the best possible through-life assistance.

The excellent level and spectrum of support offered provide huge confidence to those serving, allowing them to focus on the job at hand, and thereby directly contribute to the operational effectiveness of the Royal Marines in the defence of our nation. It also provides reassurance and confidence to those who have retired that the phrase 'once a Royal Marine, always a Royal Marine' is not a hollow statement: those serving and retired will be supported to manage their challenges by buddy and the Corps Family alike.

On behalf of the whole Corps, thank you for your continued help. Whether it is providing advice or employment, financial donations or non-monetary support, your assistance makes a genuine and tangible difference. Thank you.



2018 OVERVIEW:

BIGGER FIGURES

2018 – STATISTICS

► RAISED FROM INVESTMENTS WHICH COVERS ADMINISTRATION & GOVERNANCE COSTS

£320,640

Full statutory accounts can be requested from the office or accessed via our website: www.rma-trmc.org

► RECEIVED THROUGH THE 'DAY'S PAY SCHEME'

£642,605

► OF EVERY £1 RAISED/DONATED – HOW MUCH GOES TO BENEFICIARIES?



TOTAL SOCIAL VALUE

GRANTS DISTRIBUTED: £2.12million
+ ADDED SOCIAL VALUE: £1.38million

OUTPUT VALUE: £3.5 million

See page 20 for a full breakdown of Added Social Value

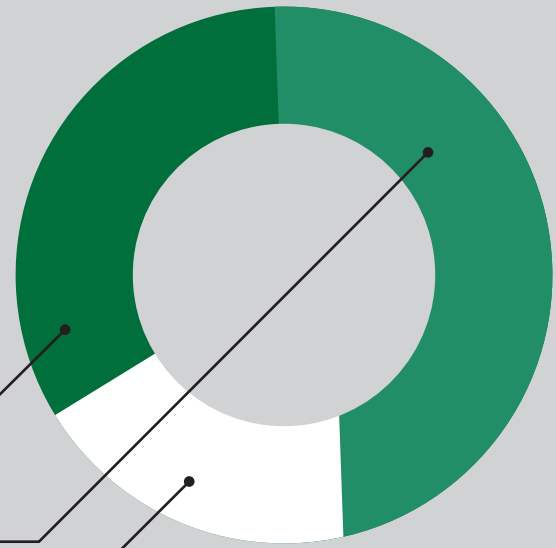
FUNDS DISTRIBUTED

► FUNDS DISPERSED IN 2018

£2,124,521

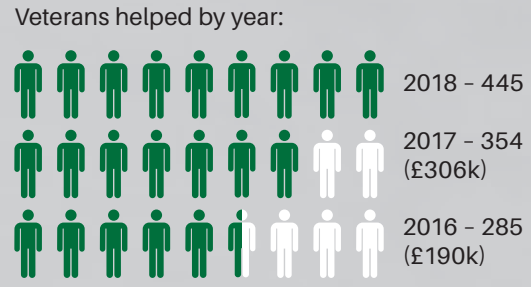
▲ 24% UP OVER 2017
Vs £1,714,813 in 2017

- Distributed to:
- Benevolence £1,112,964 (52%)
 - Amenities £716,245 (34%)
 - Sport & Adventure Training £295,312 (14%)

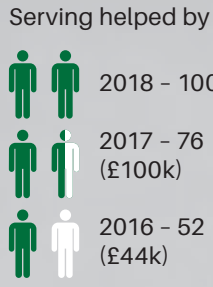


► DISPERSED TO: SERVING VS VETERANS IN 2018

VETERANS
£452,918



SERVING
£133,589



► DISPERSED TO:

Rock2Recovery
£134,700



1,404

INDIVIDUALS & FAMILIES HELPED IN 2018

▲ 29% UP OVER 2017
(1,088 in 2017)



► BREAKDOWN OF GRANTS

£134,700
Rock2Recovery coaching

£118,618
Employment & Education

£41,255
Major grants
(inc Heidi Ford surgery, Tony Tennant repatriation, new prosthetics and prosthetic repairs for Jon White)

£49,316
Veterans' Referral Programme
Psychological treatment

£33,110
Courses

£40,632
Subsistence

£25,972
Travel/respite

£43,975
Funeral costs

£155,658
Household/vehicle/clothing

£73,540
Debt relief

£89,961
Disability assistance

£57,146
Medical treatment

£17,198
Removals

HEALTH & WELL-BEING:

FROM
STRENGTH
(BACK) TO
STRENGTH

RMA – The Royal Marines Charity, health & well-being support includes:

EMPLOYMENT & EDUCATION

TRANSITION AND VULNERABLE LEAVERS SUPPORT

GRANT ALLOCATION AND WELFARE SUPPORT

MENTAL HEALTH REFERRAL & SUPPORT

ARMED FORCES COMPENSATION
SCHEME AND PENSION ADVICE

THE ROYAL MARINES VOLUNTEER SUPPORT NETWORK

TRANSITION &
VULNERABLE
SERVICE LEAVERS

The vulnerable service leaver function continues to support ranks as they transition. Jim Morris, our Transition Support Officer, is able to identify physical and financial needs, link the service leaver with the most appropriate support, help them develop new strengths and ensure that they still feel that important sense of identity and belonging to the Corps Family.

WE SUPPORTED
160 SERVICE LEAVERS
WITH A MYRIAD OF
NEEDS IN 2018

VETERANS MENTAL
HEALTH REFERRAL
SUPPORT

It is through the Mental Health Referral and Support network that we are able to offer therapeutic interventions to Veterans and in some cases their families.

79 VETERANS &
FAMILIES HELPED WITH
PSYCHOTHERAPEUTIC
SUPPORT IN 2018
COMPARED TO 26
CASES IN 2017

This support remains sourced and funded by RMA – The Royal Marines Charity. At times the treatment is carried out alongside the NHS and is always undertaken in collaboration with the patients GP or mental health professional.

The presenting mental health issues range across the spectrum of disorders. In December one such beneficiary wrote the following...

“I would just like to say
thank you for funding
the counselling for me...
it was very helpful at a
difficult time. Keep up
the good work, I am
eternally grateful.”

GRANTS AND
WELFARE SUPPORT

The welfare, benevolence and grant giving team continue to offer advice and guidance, signposting to other organisations better placed to deliver support as well as awarding grants to beneficiaries in need.

IN 2018 WE PROVIDED
544 INDIVIDUAL
GRANTS TOTALLING
£586,507.88

This is broken down as: £452,918.17 Veteran (445 grants) and £133,589.71 serving (99 grants). The type of support that is offered includes:

- Household items (Brown/white goods).
- Mobility items (stairlift/riser recliner chairs).
- VRP psychological therapy.
- Funeral costs.
- Medical and repatriation costs.
- Essential food and groceries.
- Respite packages.
- Travel costs to visit terminally ill relatives.
- Specialist medical care.
- Rent/mortgage costs.

LARGER GRANTS

An example of this type of award was to a former Royal Marine who now resides in Florida. He was paralysed in a parachuting accident whilst serving with the Royal Marines Parachute Display Team in 1976. There were some understandable challenges with time difference and completing the assessment of need, however the team were soon able to identify how a large grant for a new disability vehicle would help promote independence.



STRENGTHS

The speed at which the team can deliver financial and non-financial support from point of referral remains quite unique in the military charity sector. Being located at the heart of the Royal Marines Family at Commando Training Centre, Devon and Whale Island, Portsmouth supports this agility and enables the team to maintain the personal sense of belonging to the Corps Family.

ARMED FORCES
COMPENSATION
SCHEME & PENSIONS
ADVICE

Some beneficiaries have felt defeated and humiliated by their injuries and more importantly the processes of claiming. Tom Coyle, our Tribunal Officer, offers pensions and compensation advice and represents beneficiaries at compensation hearings.

IN 2018 WE SUPPORTED
97 INJURED ROYAL
MARINES, BOTH
SERVING & VETERAN,
AMOUNTING TO
£326,000 AWARDED
TO BENEFICIARIES

SUPPORTING MARINES
WHEN THEY NEED IT

The following email sums up the difference we can make in time of need. The team's listening ear and grant provision have helped in preventing this beneficiary's condition worsening and alleviated some of the financial pressures he might have incurred, helping to aid his recovery process.

Dear John,

Not the first dear John letter that a Bootneck has ever received – haha! I've still got my sense of humour even though I didn't have control of my own mind at the end of October.

I wanted to thank the RMA – The Royal Marines Charity for helping me pay my mortgage arrears whilst I was in hospital. I suffered a psychotic episode and tried jumping out of the top floor window of hospital.

I've been extremely ill with depression and PTSD and nearly managed to “off” myself. I would have succeeded if it wasn't for two nurses hanging onto my legs as I went through the window.

With the stress of getting divorced, issues over seeing my daughter, and losing my job, it all got too much. I didn't sleep for four days until I was admitted to hospital on the Sunday and sectioned on the Tuesday night.

Thank you so much for taking a huge weight off my mind with the arrears. I'm at home now and am making a good recovery on new medication. I've got my old job back starting in the new year and the hospital where I was sectioned have told me to apply for a nursing assistant job with them ASAP and they will take me on. And in true Bootneck style I've trapped one of the nurses as well so things are hoofing compared to two months ago.

Thank you once again, I truly appreciate your help and support. Once a marine always a marine!

ONCE A MARINE,
ALWAYS A MARINE

BENEFICIARY STORIES:

MAKING A BIG DIFFERENCE



NICK GOLDSMITH

In 2014 Nick Goldsmith was diagnosed with severe PTSD and was subsequently medically discharged from the Royal Marines in January 2018.

It was never Nick's plan to leave the military after 11 years but his diagnosis meant he could no longer carry on in the career he loved. He was unlikely to hold down other employment so he needed a plan to earn money and provide for his family. That's where RMA - The Royal Marines Charity stepped in.

Having already purchased a small overgrown patch of woodland near Bristol, Nick along with his wife Louise, decided to set up a Bushcraft Company so that he could teach others the skills he had learnt during his rural upbringing and throughout his military career.

To execute his business plan, would require professional equipment and knowledge. The Charity allocated a business mentor for Nick and his wife to steer them in the right direction.

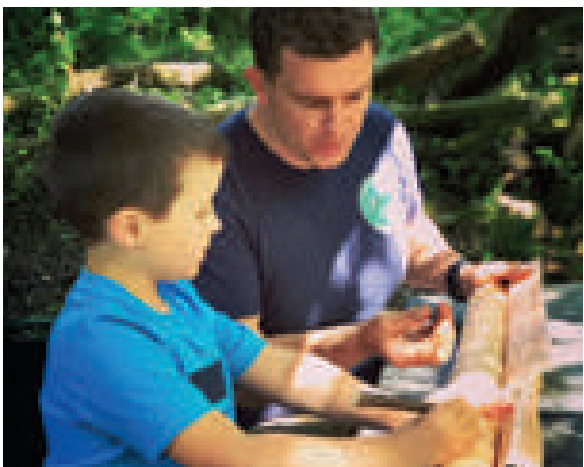
We helped Nick to source and finance his qualifications to become a Bushcraft Instructor and fund his equipment and start-up running courses.

As the business developed they financed the first Woodland Warrior Programme which was set up by Nick as a way of giving back to the Veteran community. This is a programme of therapeutic woodland activities for injured military Veterans with the aim to help them relax, learn new skills, build self reliance and esteem, strengthen social bonding and move forward into the next stage of their lives.

This not only helped Nick with his dreams and aspirations, but the funding meant others were able to benefit from all that the woodland activities could offer.

RMA - The Royal Marines Charity continues to support Nick and his wife through the various networking opportunities available and also as a point of contact for Nick and Louise to continue to receive business advice.

Hidden Valley Bushcraft now successfully provides high quality educational and recreational experiences for all ages, therapeutic activities for injured military Veterans and a unique woodland kindergarten for 3-5 year olds in the Bristol and Bath area.



Above: Nick Goldsmith at work at Hidden Valley Bushcraft



Below: Dave Sly with his security dog Angel, funded by RMA - The Royal Marines Charity

DAVE SLY

Faced with the prospect of medical discharge in 2018, Marine Dave Sly began working towards turning a lifelong passion for dogs into a civilian employment opportunity.

Proactive in his resettlement, by the time Dave Sly approached RMA - The Royal Marines Charity for funding, he had researched the professional dog handler industry at length and had chosen to specialise in explosive detection.

With a wife, toddler, and baby on the way, Dave was not in a position to fund the cost of his course and purchase of a dog without seriously jeopardising his future finances once he left the safety of a steady income from the Corps:

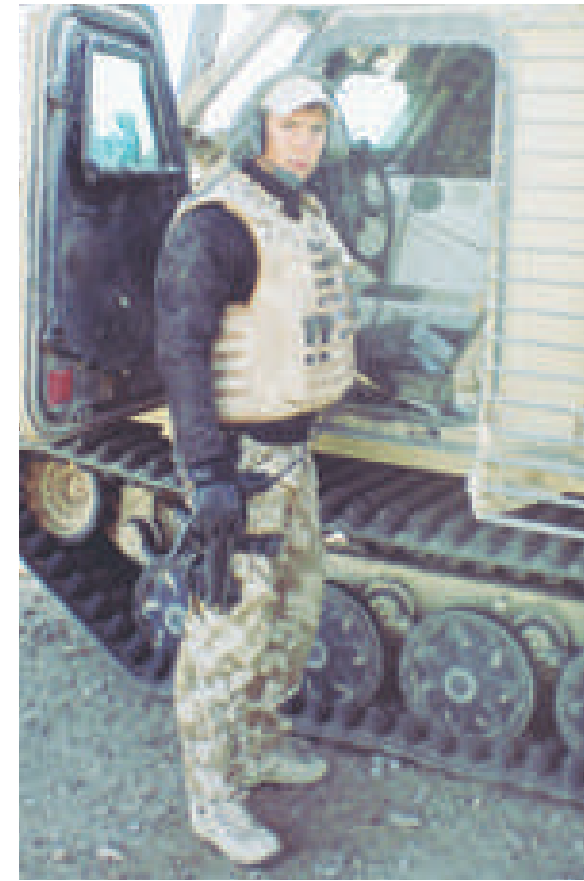
“I knew that if I was able to get the qualifications I needed; I'd be able to build a second career I was passionate about and continue to provide for my wife and children.”

RMA - The Royal Marines Charity were able to not only cover the balance of his course costs after using Enhanced Learning Credits, but also the purchase of a 10 month old springer cross Labrador named Angel who completed training alongside Dave and now travels across the UK with him, providing explosive detection services to major locations and events.

"I can't thank the Charity enough for the depth of support they have given me in achieving my dream of becoming a dog handler, I'd urge anybody facing medical discharge to go and see the Employment and Education team at Lympstone!"

A BIG DREAM REALISED

MARC GODDARD



Marc Goddard joined the Royal Marines at the age of 17 in 2005 and absolutely loved everything about life in the Corps. He went straight from training to ASG and was initially deployed to Afghanistan where he served with the Royal Anglians for three months and with 40 Commando for another three months.

When he returned from his first tour a friend, Matthew Tomlinson CGC MC who was an expert on the Viking, asked for two volunteers to return on Herrick as drivers on the vehicle. Always up for a challenge, Marc then 20 years old deployed on Herrick 8 with 2 Para.

This was at a time when the use of IEDs had become the most significant threat and it is believed that the device which detonated under the Viking in which Marc was travelling, was made from an anti-tank mine propelled by Chinese rockets.

The driver of the vehicle was killed and several others were injured very badly including Marc, who suffered broken legs and severe burns from engine oil falling on him when the vehicle overturned. It was a four year road to recovery for Marc, and while the care system was particularly geared towards major traumatic injuries, it was not particularly suited to burn victims at that time.

Marc had the good fortune to be connected with Graham Green, a surgeon who was attached to the Parachute Regiment in the Falklands war. Marc had to undergo a long process of treatment at King's College where his legs were re broken to enable them to grow correctly, a painful process which took another 2 years.

Hasler Company was set up around that time and Marc was now in his last 18 months before leaving the Corps and transitioning to civilian life. Marc's initial plan was to go into maritime security in the Indian Ocean which he viewed as a very 'bootneck friendly' environment, and it was, though with a new baby at home, a life on the ocean wave became a struggle.

Marc's thinking became focused on something completely different and with a friend, Johnny Lineker, he set up a corporate events company but could not see a future in a business that was culturally so different to what he was used to.

Missing the Corps very badly and having not succeeded in the way he intended to on leaving, Marc got in touch with RMA - The Royal Marines Charity who were able to help him find the focus and balance he needed in his life. Jim Morris was able to inspire him and get him to think laterally enough to look at other possibilities for his career. This invaluable counsel helped Marc gain a new focus on his career and the confidence to believe in himself.

He decided to undertake a course focused on wind turbine renewable energy, as the offshore sector appealed to him. The charity Wings 4 Warriors have already taken two Marines through flying training courses and Marc contacted Marc Radcliffe who encouraged him to undertake a number of tests for aptitude and join the next training course in January 2016. The course was sponsored by CHC with the initial training being on the Robinson R22. Marc very much enjoyed the precision and focus required to fly

a helicopter, which he found very similar to the order and discipline of the Royal Marines.

However, due to the extensive downturn in the oil and gas sector the requirement for helicopter pilots to fly to oil rigs took a nosedive. Wings 4 Warriors decided to offer Marc a new focus and opportunity to begin flying fixed wing aircraft instead. Marc had initially completed 45 hours on the Robinson R22 which was a good start in building hours towards his commercial pilots license. When Marc transitioned to fixed wing flying training, Wings 4 Warriors was able to initiate a discussion with the commercial airline, TUI. With a successfully completed assessment course under his belt, he was offered a multi crew course by TUI, which ultimately resulted in the offer of a type rating and employment on completion of his Boeing 737 conversion. At the end of the summer in 2019 Marc will complete his 737 type rating and be a qualified first officer for multi crew purposes on the 737.

RMA - The Royal Marines Charity helped with a two-year structured programme of funding to support him in his training and this concluded in the summer of 2017.

Marc will complete this phase of the course with a multi engine instrument rating with 150 hours and a place behind the flight controls of a flight simulator.



“I won't stop trying to achieve my goals in life and this has been made possible by the Corps' values, which are the same as the Charity's. I always felt that I had the resolve to succeed, but it was the Charity which gave me the focus and the skills I needed.”

ROBERT OWEN

Robert Owen was facing an NHS waiting list that could have caused him to effectively lose sight in his right eye entirely and quite possibly his left.

Robert was experiencing blurred vision in one of his eyes, over the course of the next few months this got progressively worse and had started developing in the other eye. Upon seeking medical advice Robert was told that he had rapidly developing cataracts in both of his eyes and was immediately referred for surgery.

Not only was he facing permanent loss of vision and long NHS waiting lists, Robert had a diagnosis of combat related PTSD which was being negatively impacted by his failing eyesight. By the end of the summer Robert couldn't see well enough to cross the road on his own and had stopped driving completely. The NHS operation was 9 months away, Robert was sure that he would be completely blind by the time his chance at treatment came around.

Battling with failing eye sight, a loss of independence and PTSD Robert felt incredibly low and was suffering with depression.

As a Royal Marines Association Member Robert received the newsletter and decided to reach out to see if there was anyone that could possibly help him in his hour of need. He was advised to apply for a grant towards paying for treatment, an option that he was unable to consider on his own, that would significantly reduce the amount of time that he would have to wait to receive the operation and quite possibly save his eyesight.

Robert was contacted by a SSAFA case worker, Nia Lloyd-Williams, who assisted him in successfully applying for the grant. Nia worked closely with Robert and was able to help him secure all the funding he needed to have the cataract surgery on both eyes.

"Her attitude, humour and professionalism were exemplary."

RMA - The Royal Marines Charity was able to provide support and assistance to get Robert the eye operation he needed so desperately much quicker, and in turn save his eye sight. Having had both eyes operated on Robert was discharged from his Surgeon with "excellent vision". He said that "it is no coincidence that (his) PTSD has dramatically improved".

Robert will be attending Bangor University in September to read for a degree in Medieval and Early Modern History, something that wouldn't have been possible without all the help and support that your donations facilitate.

“I would like to express my deep and heartfelt thanks to RMA – The Royal Marines Charity, without whose help I would be in dire straits.”

Robert had been a Royal Marines Association member for 31 years, but now feels like he is truly part of the #RMfamily.

HEALTH & WELL-BEING:

“The best thing about the Employment and Education team is the encouragement, support and straight talking by the team. They instilled a belief in me that I CAN start my own business and perhaps most importantly: that hard work should pay off.”

Employment & Education Candidate

EMPLOYMENT & EDUCATION

RMA – THE ROYAL MARINES CHARITY PROVIDES AN EMPLOYMENT & EDUCATION PROGRAMME FOR ROYAL MARINES FACING MEDICAL DISCHARGE

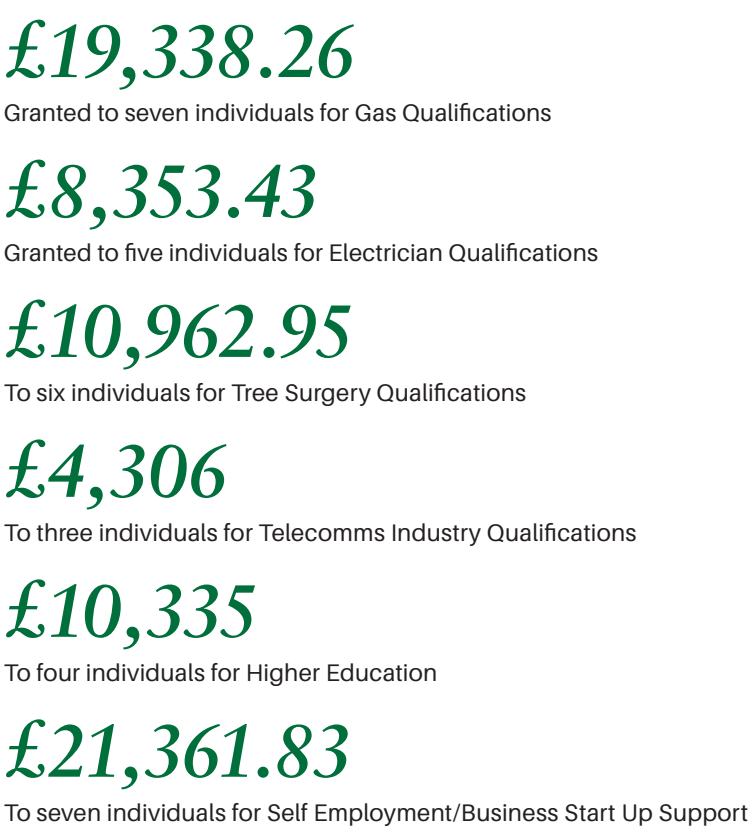
Unemployment and career choice dissatisfaction are huge contributors to poor mental health in Veterans. By providing the Employment and Education function the Charity are able to offer a range of services to Royal Marines who have to leave the Corps. These include:



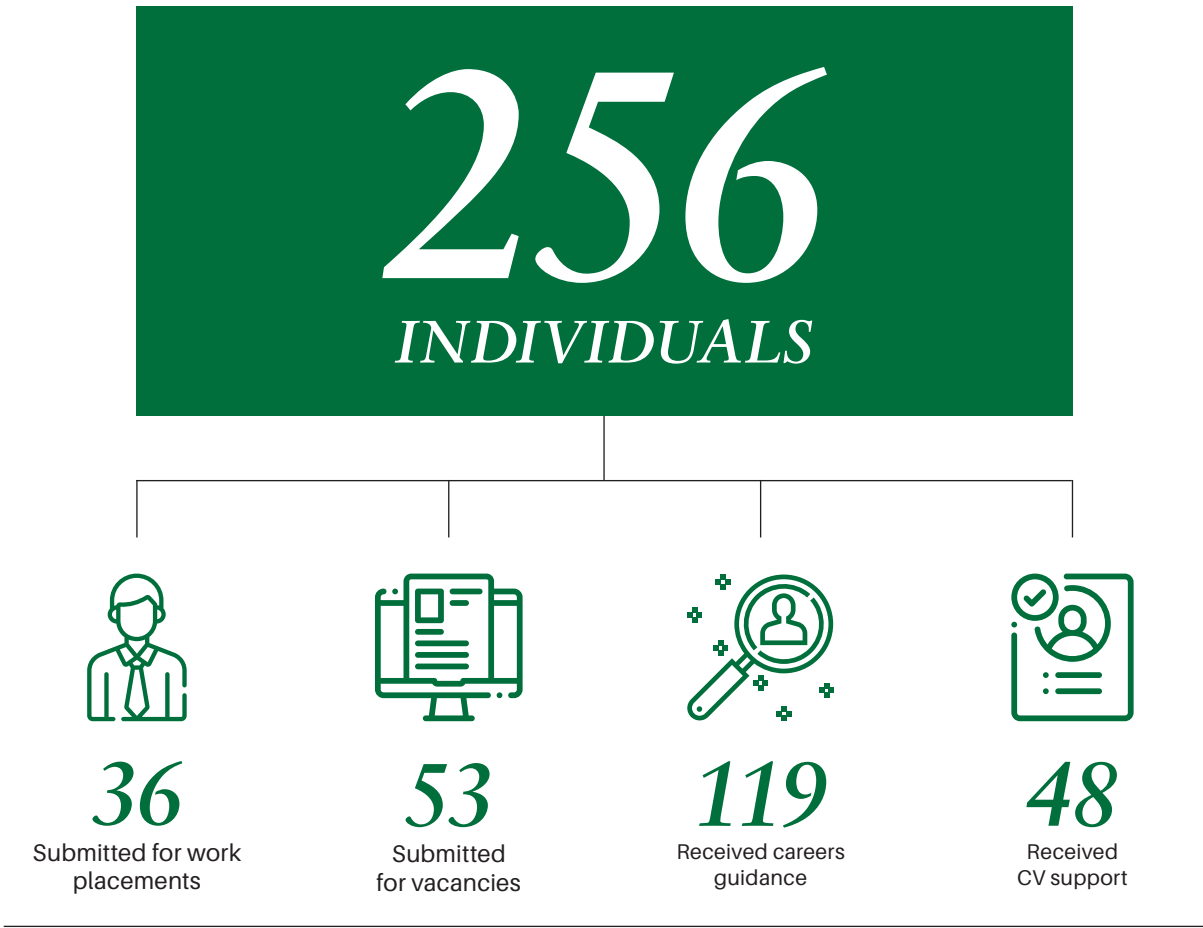
“One of the unassailable truths about our time in the Corps is that we will all leave one day – it is only a matter of when. I have always felt that part of the covenant between leaders and those under our command is that when someone feels it is time for them to leave – that we thank them for their service and do all in our power to make their transition as seamless and as successful as possible.”

Colonel Mike Tanner OBE

IN 2018 THE CHARITY PROVIDED GRANTS TO FUND PROFESSIONAL QUALIFICATIONS TO 55 INDIVIDUALS:



THROUGHOUT 2018 THE EMPLOYMENT & EDUCATION DEPARTMENT HAVE ASSISTED...



BENEFICIARY STORIES:



ASHTON ST HILL

In November 2018, Sergeant Ashton St. Hill received news that his father had been taken seriously ill and had been admitted into hospital in Melbourne. Ashton's father, Matthew St. Hill, who served in the Royal Navy, had been battling cancer and had contracted an infection in his bowel which had caused him to have a heart attack.

His father was given only days to live by his doctors which placed significant emotional and financial strain on Ashton and his family, who were unable to afford the unexpected costs of travelling to Australia. Ashton was granted compassionate leave to be with his father, but he was not entitled to financial support to cover travel costs.

RMA - The Royal Marines Charity, thanks to your support, were able to bridge the gaps in geography ensuring that we will always remain a #RMfamily. In order to support Ashton, we provided not only financial support to cover his flights, but regularly made contact to take as much of the pressure off him as we could.

Your donations contributed to allowing Ashton and Matthew a chance to spend some time together, and a chance to say goodbye. Ashton affirmed in the invaluable opportunity that was given to them when he wrote:

“You all gave me the chance to be by his side, allowing me to have that emotional chat with him before he sadly passed away on the 21st of December.”

HEIDI FORD

RMA - The Royal Marines Charity were approached by Lt Cdr Tug Wilson RN on behalf of former Royal Marines Officer John Ford. John had emigrated from the UK to Australia in 2014 with his wife, Heidi and two children to embark on a second career with the Royal Australian Navy.

Sadly, Heidi was diagnosed with an extremely rare and aggressive life threatening abdominal tumour in 2017 and with a plethora of investigative procedures and two significant operations looming medical costs soon began to escalate. The pressure that this placed on their family at a time of uncertainty was unsurmountable. Although John and Heidi had not personally reached out to RMA - The Royal Marines Charity we were able to start investigations into how we could support them in Australia.

The uncertainty of Heidi's medical condition, further exacerbated by a seemingly endless financial burden, impacted significantly on the family's mental state and wellbeing, with local support within Australia proving minimal and extremely vague.

Without prior knowledge John received a brief but positive call from Tug to inform him that assistance from the RMA - Royal Marines Charity was already in motion and that a phone call to the Chief Executive, Jonathan Ball should be made in order to expedite financial assistance.

“The friendly advice from Jonathan and the wider team confirmed my faith in the wider Corps family and highlighted the true extent of the RMA - The Royal Marines Charity's reach across the globe”.

Thanks to donations made to RMA - The Royal Marines Charity, Heidi was able to proceed with her operation and, despite the loss of significant tissue is able to continue life with minimal impact.



“I [wrongly] assumed that the Charity only provided direct support to those who had served. The preservation of life and mental wellbeing of the wider Corps Family is very much at the heart of the Corps and continues to prove the values we hold close to our hearts.”



1. HUB

Connecting the serving Corps, dependents, Veterans and Cadets with partners, benefactors, business and stakeholders.

“Being a Royal Marine is for life. RMA – The Royal Marines Charity is there for Royal Marines and their families when help is needed. Put simply, I cannot think of a greater privilege than supporting the Charity to help the men and women of the Royal Marines when help is needed.”

Ian Cohen - Managing Director, Global Head Market Structure & Execution Strategy | HSBC Global Asset Management

2. SUPPORTER

Providing targeted, efficient and timely support to the Corps family around the globe.



WHY RMA – THE ROYAL MARINES CHARITY?

“I am proud to support RMA – The Royal Marines Charity as I have seen first-hand what a major difference it makes to those who have served and those who serve and their families. RMA – The Royal Marines Charity helps my family honour their greatness! “

Keith Breslauer – Managing Partner, Patron Capital

3. ENABLER

Facilitating highly trained Royal Marines to deliver their full potential in any walk of life after their service concludes.

“Being founded by a former Royal Marine, we have a passion for supporting Royal Marines. As proud recipients of the Sir Donald Gosling Award in October 2016, we have worked closely with RMA – The Royal Marines Charity to support individuals during their resettlement. Once a Royal, always a Royal.”

Lee Hallam – Managing Director, Linbrooke

5. PARTNER

Our impact is leveraged and amplified through its social value, grants and partnerships with a wide range of partner charities.

4. UPHOLDER

Giving financial support to heritage and amenities projects to underpin RM traditions and enhance the effectiveness of the Corps.

“I would not have the courage to serve so this is my way to give back to people who do.”

Lynn Fordham - Larchpoint Capital LLP

BENEFICIARY STORIES:

A TALE OF RESOLVE

ROYAL MARINES VETERAN BECOMES FIRST BLIND PERSON TO ROW PACIFIC



Royal Marine Veterans Steve and Mick faced the challenge of a lifetime. In August 2018, Royal Marine Veteran Steve Sparkes became the first blind person to row the Pacific Ocean, arriving in Hawaii 82 days after setting off from California with fellow former Royal Marine and Falklands War Veteran, Mick Dawson.

The pair set off from Monterey on June 6th as part of the Great Pacific Race, which has been dubbed the “World’s Ultimate Endurance Challenge”. While the direct route is 2,400 miles, weather conditions and changing currents meant that Steve and Mick rowed closer to 3,000 miles, completely unaided and unsupported.

Steve’s blindness is due to a rare form of macular degeneration known as Stargardts. Steve has lost his sight completely apart from some peripheral vision of shapes and colours. He has spent more than half of his life with severely impaired sight after a diving accident starved his brain oxygen at the age of 24.

He was medically discharged from the Royal Marines at a time when there was little in the way of support in place for injured Veterans, a vital service that RMA – The Royal Marines Charity now provides to Royal Marines facing medical discharge.

Steve and Mick saw the row as an opportunity to give back to the two charities who have helped them, raising £11,500 for RMA – The Royal Marines Charity and Blind Veterans UK.

“To put it into context, I know about a dozen people who could have done the job I did on that boat. I suspect there isn’t another blind Veteran in the world who could have done the job that Sparky did.” Said Mick Dawson.

It was not an easy row for the pair, as they faced incredibly rough seas and torrential wet weather, causing them to break two sets of oars in rough conditions. At one point during this mammoth journey, Steve was swept overboard and was only saved due to the fact that he was tethered to the vessel at all times.

“It’s opened the doors now for other visually impaired and blind people to come out and have a go at it, because it is possible, it is achievable and it can be done.”

Steve Sparkes

BREAKING THE ICE

RMA - THE ROYAL MARINES CHARITY FULLY FUNDED THE RM CLUB’S NORWAY DEPLOYMENT TO RONDANE HØYFJELLSHOTELL



Photography by anthonyvulpion.com

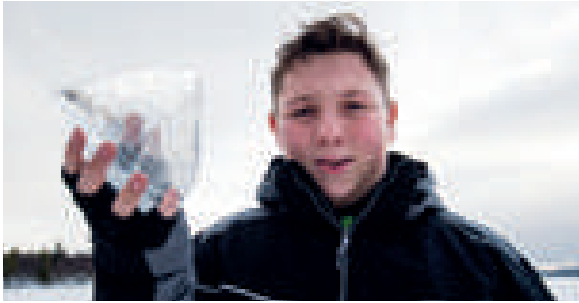
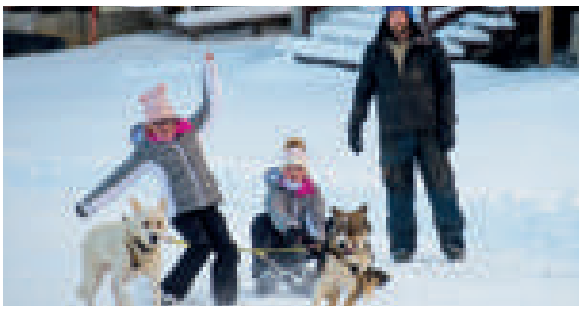
This was a respite break which brought Serving and Veteran Royal Marines together with Norwegian Armed Forces to participate in a programme of winter sports and social events; providing a therapeutic outlet of respite for the attendees and their families allowing them to unite and lay to rest any anxieties and prejudices they experience in their normal day to day lives.

Beneficiaries (participants) were drawn from those enduring financial hardship, mental health issues such as PTSD and/or any physical limitations in their functioning, their mobility, their dexterity or their stamina; and any illness that may benefit in recuperation on a physical, mental or social basis.

Over the course of the five days participants had the opportunity to experience, down hill skiing, dog sledding, horse and sleigh rides, tree felling, river dunking, snow hole excavation and cross-country skiing and hiking.

This ‘RM Club’ organised a Norway Deployment to Rodane Høyfjellshotell which brought medical cover and support of psychiatrists, TRIM Staff and a psychiatric nurse.

38 Beneficiaries took part – 21 of whom had a family member who had sustained injuries as they served in Afghanistan



BENEFICIARY STORIES:



“Your donations allow Jon the chance to live his life as fully as possible.”

GIVING A LIFETIME OF SUPPORT

SOME OF THE INJURIES SUFFERED BY OUR ROYAL MARINES ARE SO SEVERE THAT THEY WILL REQUIRE A LIFETIME OF SUPPORT

JON WHITE

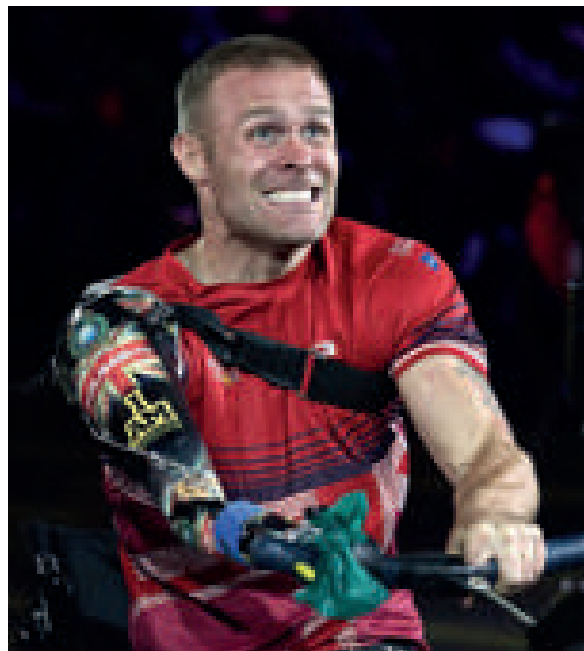
Jon White (image opposite page) was injured by an IED while serving as a Captain with 40 Commando Royal Marines on Op HERRICK in Afghanistan, and as a consequence lost both legs above the knee and his right arm at his elbow. But he has a high level of skill and physical fitness which allows him to be a full time prosthetics user.

Every 5 years Jon is required to travel to the US to have new equipment fitted which takes several weeks. This treatment costs £28,000 and is funded completely by RMA – The Royal Marines Charity.

Jon hasn’t used a wheelchair since June 2011.

SUPPORT TO CORPS LIFE & EFFICIENCY

In 2018 £1,011,557 was distributed to the serving Corps to enhance the wellbeing, fitness and morale of the 6,500 serving Royal Marines and their families. Most of the support given comes from the Day’s Pay giving funds raised by Marines themselves, nearly 90% of whom gift a day’s pay a year, raising £642,605. Last year however, the Charity donated an extra £368,952, including £300,000 towards the costs of Exercise Virginia Gauntlet 2, a sports tour to the US Marine Corps which took place in April this year involving over 250 Royal Marines (pictured on the cover). This tour was a major morale boost and encouraged seven Marines who had indicated their intention to leave to change their minds and continue in service. Training seven replacement Marines would have cost over £600,000.



DOMINIC LOVETT

Dominic Lovett broke his neck whilst training in Norway in 2008 and as a result is a tetraplegic who can lift his shoulders but has no control of elbows or arms; and as a consequence he has no use of his hands.

No conventional or NHS-funded treatment is available for him.

Dominic has been undergoing treatment, funded by RMA – The Royal Marines Charity and in conjunction with Plymouth University, for new engineering technology.

An exoskeletal orthotic device will utilise the existing nerve control in the shoulders to power the exoskeleton, which will enable movement of the elbows and hands. In 2018, £21,000 of donations provided a new motorised wheelchair for Dominic.

MARK ORMROD

Mark Ormrod is a triple amputee who lost both legs and his right arm through a landmine on Op HERRICK on Christmas Eve 2007. His sockets and limbs also need regular replacement and refitting. Mark is now an Ambassador for Invictus. He also works for RMA – The Royal Marines Charity as a Marketing & Communications Officer, he has made a short film and continues to deliver his motivational speeches. Not bad for a man that was told he would never walk again.

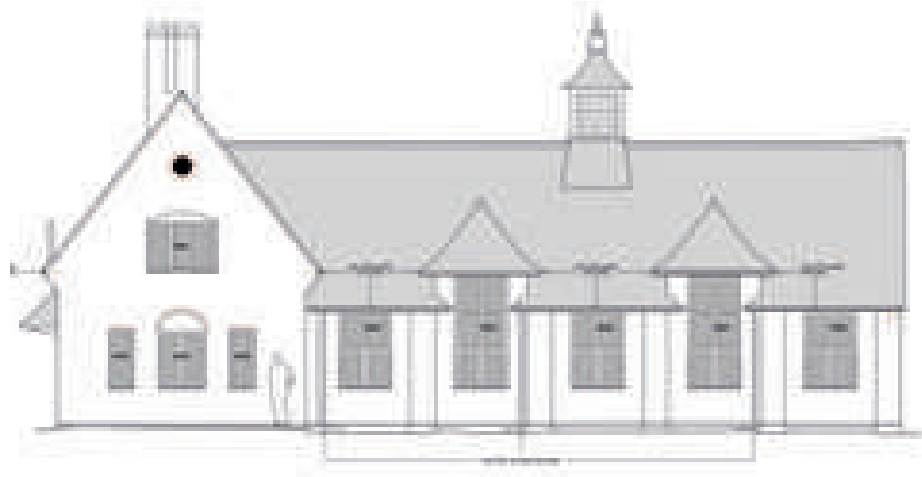
Your donations have enabled Mark’s ongoing treatment, which have allowed Mark to compete twice at the Invictus games, both times bringing home multiple medals.



This exoskeletal elbow will dramatically change Dominic’s personal and professional life. It will enable him to feed himself and to type.

BIG PROJECTS:

Putting the RM family at the centre



NEW FAMILIES & WELFARE CENTRE OPENS

Thanks to funding from RMA – The Royal Marines Charity and the Royal Navy, this disused building has been brought back to life.

In April, a new families Welfare Centre was opened at the home of 40 Commando Royal Marines, Norton Manor Camp.

Officially opened by The Vice Chief of Defence Staff, General Sir Gordon Messenger KCB DSO* OBE, the new Families Centre replaces a dilapidated prefab facility which was built in the 1940's and provides a new facility ensuring support is available for the Taunton community.

Over 1000 serving personnel and their families will benefit from the new welfare facilities at the Norton Manor Camp. Users of the centre will enjoy access to; a Chaplaincy Support Worker, a Families Liaison Officer, Community Beat Officer and HIVE.

To support this key project, funding for the centre's structural repair has been provided by RMA – The Royal Marines Charity with a grant for over £30,000, with the Chancellor also funding the project with LIBOR Funds. The Royal Navy and Royal Marines Charity have also supported the project with a further extensive grant to facilitate the interior of the building.

The opening coincided with a Ceremonial Parade of the Firmin Sword of Peace, awarded for a record 4th time to 40 Commando Royal Marines in recognition of their contribution to Operation RUMAN, the UK's response to the Caribbean hurricane disaster in September 2017.



“The new families centre at Norton Manor Camp will combine welfare support, community development and provide families with short term accommodation all under one roof. This will enhance community spirit, lifelong friendship opportunities and build resilience; all of which are vital ingredients to both new and established service personnel and their families.”

RNRMW Specialist Case Worker, WO2 Darren Joyce

BIG PRODUCTIONS:

Inspiring journeys to a better life



JOURNEY THROUGH CONFLICT WW1 – FROM THEN UNTIL NOW

Fusing together story, music, art and culture – not-for-profit organisation *Journey Through Conflict* produce immersive experiences to inspire journeys to a better life.

This year we are proud to have been able to support *Journey Through Conflict* with a grant of £10,000, enabling their 'WW1 – From Then Until Now' production, which featured Royal Marine Veterans Richard Rochester, Major General Andy Salmon (rtd) CMG OBE, and triple amputee Jon White.

This endeavour provided Royal Marine Veterans with an opportunity to be part of a team and a platform to perform their story over any medium in front of a crowd of hundreds of people. The tour furthermore sought to provide insight and raise awareness of the various stages that Veterans, some scarred by war, go through on their journey through conflict.

Commemorating the centenary of the end of WW1, Major General Andy Salmon (rtd) CMG OBE, led audiences through a unique event, charting the experiences of servicemen and women in conflict from WW1 through to WW2, the Troubles and to recent campaigns, including Iraq and Afghanistan.

“I have learnt that whether you are a veteran, warring factions trying to negotiate peace, or

somebody dealing with addiction or grief, the steps you have to take to find a better life are quite similar.”

This artistic performance featured renowned one-handed concert pianist Nicholas McCarthy, whose performance of Left-Hand Alone repertoire arranged for injured service personnel following WW1, was fused with the artwork, voices, poetry and stories of our Veterans' personal Journey Through Conflict, injury and rehabilitation.

“I have learnt that whether you are a Veteran, warring factions trying to negotiate peace, or somebody dealing with addiction or grief, the steps you have to take to find a better life are quite similar.”



SOCIAL VALUE PORTAL:

SOCIAL VALUE

Increasingly, organisations are considering their activities holistically, taking account of the wider economic, social and environmental effects of their actions. The Social Value Portal works with organisations to align their Themes and Outcomes to the appropriate Measures. A large number of these Measures have been developed with “proxy values” which are expressed in financial terms, drawing on a wide range of data sources such as the Office of National Statistics and the Unit Cost Database. This means that added social value can be expressed in financial terms.

2018 SOCIAL VALUE

► CHARITABLE
SUPPORT OUTLAID

£2.12
million

► SOCIAL VALUE
GENERATED

£1.38
million

► TOTAL IMPACT
OF CHARITY’S WORK

£3.5
million

2018 capture shows that in addition to the £2.12m of charitable support outlaid in 2018, a further £1.38m of Social Value was provided; meaning that the Charity’s work was worth £3.5m in 2018.

► THE IMPACT OF SOCIAL VALUE
MEANS THAT FOR EVERY £1 RAISED/
DONATED – ALMOST £1 IS GIVEN

“MAKING
YOUR
POUND GO
FURTHER”

► THE AREAS WHERE EXTRA
VALUE IS ADDED ARE AS FOLLOWS:

FAMILY MEMBERS SUPPORTED
THROUGH ASSOCIATION EVENTS

VETERANS ATTENDING PARADES

DISCHARGED ROYAL MARINES ASSISTED
INTO FULL TIME EMPLOYMENT

HOURS DEDICATED TO SUPPORTING
ROYAL MARINES INTO WORK BY PROVIDING CAREER
MENTORING, INCLUDING MOCK INTERVIEWS,
CV ADVICE, AND CAREERS GUIDANCE

UNPAID WORK EXPERIENCE PROVIDED
BY EMPLOYER PARTNERSHIPS

TIME DEDICATED TO SUPPORTING
DIVORCING FAMILIES

INCREASE IN LUMP SUM AND PENSION
WON FOLLOWING THE TRIBUNAL
AND PENSION ADVICE SERVICE

THE 2018 REHABILITATION TRIATHLON



THE ROYAL MARINES REHABILITATION TRIATHLON RETURNED TO CTCRM

This one day event brought together wounded, injured or sick personnel from the Royal Marines, Royal Navy, the United States Marine Corps (USMC), the United States Navy (USN) and other Allied and Commonwealth Countries.

RMA – The Royal Marines Charity are delighted to provide the main funding for this event, alongside Help for Heroes, with support from the Castle Triathlon Series.

Some competitors have lost limbs, others suffer mental injuries and for the majority taking part, in the swimming, cycling and static rowing challenge, which in the past has attracted the support in person of the Duke of Sussex and Superman actor Henry Cavill, played a significant part in their arduous roads to recovery, making them “feel normal” again.

*Since its conception
in 2012, the Royal
Marines Rehabilitation
Triathlon has gone from
strength to strength.*

This year, the event boasted over 200 competitors, Serving and Veteran, male and female, representing a multitude of differing injuries from the UK, USA, and the Netherlands Marine Corps.

The triathlon provides a platform for competition to all Tri-Service, Allied and Commonwealth wounded, injured or sick Service Personnel and Veterans who are, or have been undertaking rehabilitation from injury or illness regardless of how sustained.



FUNDRAISERS:

FUNDRAISERS’ BIG IDEAS

GOING ABOVE & BEYOND



NORWAY 75 – A HISTORIC JOURNEY TO RAISE AWARENESS FOR GOOD MENTAL HEALTH

On the 29th June 2018, Norway 75 completed their epic 2000 mile journey. Throughout this incredible journey, the Norway 75 Team raised funds and awareness of RMA - The Royal Marines Charity efforts to support good mental health.

The team of eight started at the most North Eastern point of Norway and cycled an average of 200km a day and then travelled 50km a day by sea kayak in order to cross the length of the country's coastline.

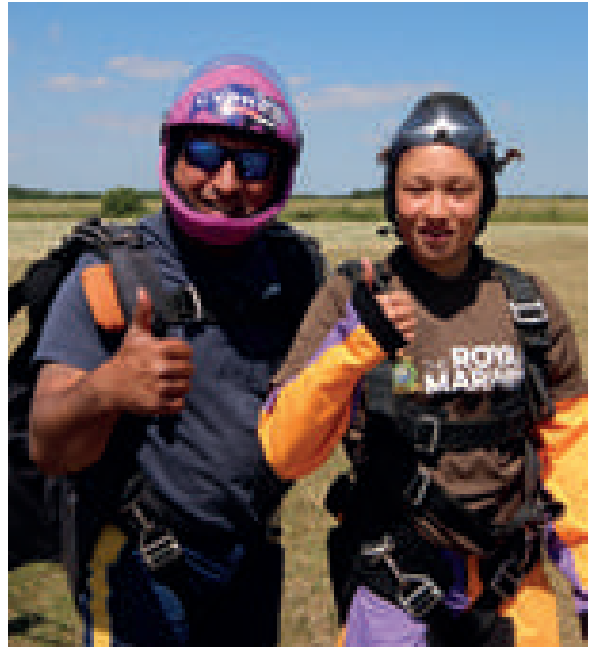
The Norway 75 expedition culminated in a 75th Anniversary commemoration of the infamous Telemark Raids – the successful Allied operation that halted Nazi Germany's program to create a nuclear weapon.

The team were joined on the expedition by former Royal Marine and sea kayak guide Lee Waters. RMA - The Royal Marines Charity are proud to have been able to assist Lee in his transition to civilian life following his medical discharge from the Royal Marines, as well as funding Lee's costs for the Norway 75 Expedition.



SARAH FALLING FROM 13,000 FT FOR THE ROYAL MARINES FAMILY

When asked by her parents what she would like for her 16th birthday, Sarah Barnes surprised everyone by replying "I want to do a skydive and raise money for the Royal Marines". "I chose to raise money for RMA - The Royal Marines Charity as my father and two of my uncles are former Royal Marines and I believe the Charity does amazing work to help former and serving marines and their families." On June 25th Sarah completed the 13,00 ft. dive raising over £800 for Royal Marines and their families. In September we were delighted to host Sarah at the Corps Families Weekend, where she got to meet members of our family and see the recruits in training.



“...the Charity does amazing work to help former & serving Marines and their families”

Sarah Barnes, age 16



AVI & BENJI COMPLETE EPIC YAM EL YAM HIKE ACROSS ISRAEL

In May of 2018, Avi Levy & Benji Simon completed their brilliant hike across Israel, from sea to sea to help raise funds for RMA - The Royal Marines Charity and ZAKA Search & Rescue. In this unaided challenge, Avi & Benji traversed the country from the Mediterranean to the Sea of Galilee, completing the challenge in just three days. Whilst most of their peers were enjoying the half-term break in London, the two British teenagers, both aged 17, undertook the challenge by themselves, unsupervised by any adult or organised group. The hike took place over the week that marked the 70th anniversary of the creation of the state of Israel. The pair smashed their fundraising target, raising over £12,000.



LISA CLIMBS TO NEW FUNDRAISING HEIGHTS

Our epic fundraiser Lisa Ronson topped Europe's highest mountain, MT Blanc, as she raised funds for RMA - The Royal Marines Charity and Maggie's Cancer Centers.

After successfully winning an experience in the auction at our London Dinner in October 2017, Lisa decided that this would be a fantastic opportunity to evolve her prize into a fundraising expedition.

Making her final ascent on Sunday 1st July 2018, Lisa reached the summit in 10.5 hours, following a few tough days on harsh mountain terrain and slushy snow. Lisa raised an incredible £131,293.

THE WEST COUNTRY 100

The West Country 100 (WC100) are a select group of individuals that represent the epitome of pioneering business leaders in the South West. They unite to support Royal Marines and their families, past, present and future who find themselves in need through injury, illness and hardship. Through this unique partnership, members of the WC100 experience the exclusive Royal Marines culture and mind set, inspiring business to be the first to understand; the first to adapt and respond; and the first to overcome.

Financial support for this charitable activity is obviously a key success criterion for the WC100; but it is not all about fundraising. Other forms of support from simply friendship, association, assistance to Royal Marines transitioning to civilian life, plus benefits in kind are equally important. The WC100 provide a tangible link for Royal Marines and their families into civilian life.

WC100 members have provided support over and above their membership fee, £1,000 per annum; support that has truly made a difference including:

- Permanent employment to injured Royal Marines who have been medically discharged
- Providing equipment to Hasler, the Naval Service Recovery Centre, to help in the rehabilitation of injured Royal Marines
- Mentoring Royal Marines facing medical discharge and looking to set up their own businesses
- Delivering workshops to medically discharged Royal Marines
- Running events to raise funds and increase awareness of the Charity

The WC100 is a community brought together by a willingness to help and an understanding of what our Royal Marines endure.

THE WEST COUNTRY 100

“WC100 members raised an astonishing £85,000 in 2018.”

A BIG THANK YOU

“THE DAY THAT CHANGED EVERYTHING”

I wanted to pass on my huge thanks for the grant that RMA – The Royal Marines Charity have provided to help me. I have wanted to give some feedback for a while, but I wanted to get to a point where I felt I could first – which I feel I can now. I will also do the same at the very end of the process.

Without your help I would still be stuck in a room thinking that is where I would like things to end, for good. I would still be drinking every day and believing it was not possible to feel any different. I would stay in a bed or on a bed for 24 hours a day, every day, except to go downstairs to pick up alcohol or get some food from the fridge. I would not speak to anyone or go anywhere. Going out of the room was almost impossible but on the occasions it had to happen – it was a horrific experience. The panic was unbearable and the fear was even worse. I spent over two years like this. Until I got put in touch with the Charity. That day changed everything.

Little did I know it but, 18 months down the line I would be sitting here at a desk, emailing you to say how thankful I am and have been, for all the help I have been given. It is not over yet for sure, but I am sat here emailing you after I have just gotten back from work. I am only working part time at the moment but the fact I feel I can get up and go to work is like a dream come true for me to be honest. Working part time also enables me to carry on with the healing process with my therapist. I would never have been able to find, let alone afford somebody as brilliant on my own. So I am massively thankful to RMA – The Royal Marines Charity for that. To think where I would be without your help is... well, difficult. I know where I'd be, so for that I am and will be, eternally grateful.

Thank you to everyone at RMA – The Royal Marines Charity for your continued support; the work you do is incredible. I feel extremely lucky to have had you guys there for me when it seemed nobody else was. Many, many thanks.

“I CAN’T TELL YOU WHAT THIS WILL MEAN TO ME”

Thank you for your letter of 11th July 2018 advising that you have approved a grant from RMA – The Royal Marines Charity, to be put towards hand railings at our home.

I cannot begin to tell you what this will mean to me in particular, and how grateful myself and my family are to RMA – The Royal Marines Charity.

My wife and I live in a split level house with a steep drive and steps to the front and rear. I am 85 years old and my wife 81; and until recently have both been in excellent health. Suddenly I found myself in hospital having my stomach removed as a result of cancer, and now that I'm back home my strength is not what it once was, and without handrails being fitted I would undoubtedly have been housebound for a good many months, maybe longer.

Therefore, for the professional and sensitive manner in which you assisted my daughter Karen, who made the first approach to you by phone, for the speedy turnaround in which a decision has been made by the Charity to assist, for the actual grant to obtain handrails, and for all the other Ex Royal Marines that you have over time given your assistance when needed; I and my wife and family would like to thank you from the bottom of our hearts.

As a side, when the envelope from you arrived I was amazed that the address was Whale Island, Portsmouth. Such a coincidence, as when I joined the Royal Marines my very first draft after passing out at 16 years old, was to Whale Island. I think it was a Naval Gunnery School then, and I rolled up to HMS Excellence and there joined the Royal Marine Band, becoming a Class 1 bugler and drummer. Thank you again, and I hope that RMA – The Royal Marines Charity is able to maintain the recognition it deserves for helping veterans such as myself.

“I CAN’T TELL YOU HOW GRATEFUL WE ARE”

I believe that the support I have received from RMA – The Royal Marines Charity was invaluable. From the very beginning I was given support to help me figure out the right career move. The follow up from that was to set me up with an interview with a build manager in the location I was hoping to move back to. I believe the work placement is a great way to see if you are suited for the job and whether the employer believes you are right for the role. The position I have been offered is as an assistant build manager starting on the same salary I was on in the Royal Marines; plus a company car allowance. Willmott Dixon as a company have been great to work for, everyone is very friendly and creates an environment that promotes learning and personal development. The continual support received from RMA – The Royal Marines Charity is also important as it makes you feel less isolated through an uncertain time.

“THANKS TO EVERYONE FOR THE HELP”

We have had what can only be described as the year from hell. I have been suffering from PTSD for many years and believed I was “OK” until last February I suddenly felt that I could not go on and did not want to be here anymore. I could not work and needed treatment in a mental health unit; after this I underwent a four month program via the NHS mental health team.

During this period I had to admit I could no longer do my well paid job anymore; this has led to pressures on everything I do. I decided not to be beaten and

have undergone retraining in the security services and have taken up a position at Hinkley point. This has put on added pressures as I have paid for the training and SIA licence as well as transport expenses.

The much appreciated grant gives us some breathing space whilst I get back to work and continue my recovery, I cannot tell you how grateful we are, I never thought as a young Royal Marine that I would be in this position today, but I cannot speak highly enough of all of you guys behind the scenes who do so much for veterans like me.

“A HUGE THANK YOU”

I would like to say a huge thank you to RMA – The Royal Marines Charity for supporting me in my entry fee to Ironman UK (Bolton) 2018. It was my very first Ironman which I was able to successfully complete last Sunday with a time of 11:50:47hrs. I am extremely grateful for the funding that I received and would like to take this opportunity to thank RMA – The Royal Marines Charity for all the great work it does for supporting the Corps family. As a Royal Marine it is reassuring to know that RMA – The Royal Marines Charity is always there to support fellow colleagues and the wider Corps family whatever circumstances that they may face on any given day. Come “Hell (Fires) or High Water (Flooding)” I was determined to complete the course set before me on the day!

“I will continue to support & promote the good work of the Charity.”

GRATITUDE

With thanks to our Corporate supporters:



With thanks to our Partner organisations:



A proud part of:



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