

# Commando Training Challenge

Commando Training Centre Royal Marines Lympstone, Devon

**Thursday 17th July 2025** 



### Your Invitation

You are warmly invited to take on the Commando Training Challenge on Thursday 17th July 2025.

This extraordinary event offers you the rare chance to tackle the iconic Royal Marines Endurance Course and the legendary Bottom Field Assault Course—hallmarks of the elite Royal Marines Commando Tests.

The Royal Marines represent the pinnacle of the UK Armed Forces, and this challenge will push you to embody their core values of courage, determination, unselfishness, and cheerfulness in adversity.

Seize this once-in-a-lifetime opportunity to test your mettle while contributing to a vital cause. All proceeds will help us continue providing essential support to serving and former Marines, as well as their families, at every stage of life.





## The Challenge

Do you have what it takes to face the challenge of the Royal Marines PTI team and tackle the world-famous Commando Tests?

This unique experience grants you exclusive access behind the wire at the Commando Training Centre—the legendary home of the Royal Marines.

- Your challenge kicks off on the Royal Marines' notorious Endurance Course at Woodbury Common, where you'll face legendary obstacles such as the Sheep Dip and Peter's Pool over a demanding 3-4km route.
- Next, you'll head to the Bottom Field Assault Course at CTCRM. After a reenergising warmup led by the PTI team, you'll push yourself to the limit with a timed best effort.
- The day will conclude with a delicious buffet and a celebratory prize-giving ceremony at the heart of the Commando Training Centre.
- Refreshments will be provided throughout the day and you'll receive a special edition kit bag which will contain two bespoke t-shirts and a host of other goodies.

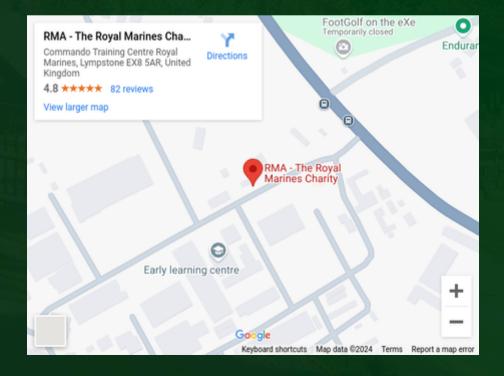
#### **Entry Fee & Sponsorship**

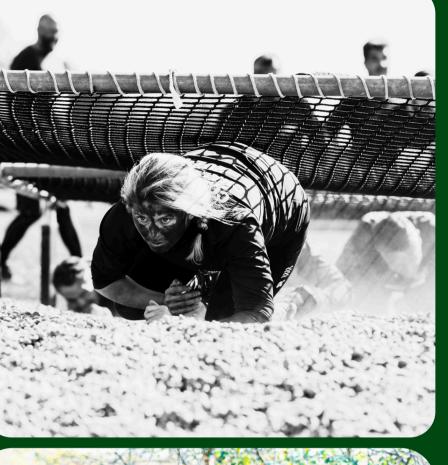
• Registration Fee: £60

• Target Sponsorship: £350

## Location

- The Commando Training Centre Royal Marines, also known as CTCRM, is the principal training centre for the Royal Marines.
- Based at Lympstone in Devon, CTCRM selects and trains all Royal Marines Officers, Recruits and Reserves.
   CTCRM is unique in that it also provides command training for all Non Commissioned Officers (NCO) and training for 70% of all RM specialists.
- On average, 1,300 recruits, 2,000 potential recruits and 400 potential Officers attend training and acquaint courses at CTCRM every year. In addition, the Training Wings run upwards of 320 courses a year for a further 2,000 students.





















# Sign-up

Spaces for this event are extremely limited - take part in the challenge of a lifetime and raise vital funds for RMA - The Royal Marines Charity.

Scan the code to sign-up online or reach out to our fundraising team for further information via email: fundraising@rma-trmc.org or phone 023 9298 1920











Offering lifelong support to the Royal Marines Family

RMA – The Royal Marines Charity is a charity registered in England and Wales 1134205 and Scotland SCO48185 and is a charitable company limited by guarantee 07142012 registered with Companies House. Registered Office: Building 72, Commando Training Centre Royal Marines, Lympstone, Exmouth EX8 5AR